

Exhibitors at The Health and Wellbeing Fair, 4 May 2019

Malvern Priory Bowling Club

Malvern Hills Acupuncture with Dee Tomlin

The Fitness Beat - Vera flow dance

The Happy Gut Hut - Kombucha drinks

Our Lizzy – cookery school

Rebecca Day - Ayuroma natural homemade skincare and reflexology

Malvern Buzzards Running Club

Angela Walker - Nutrition

Paula Trafford - Massage and Yoga

Juliana Freeman – Access All of Life, access bars treatment

Jo Rae - Alchemy Woman, mindful communication & hormonal health

Cathleen Clarke - Counselling Life Symmetry

Kinesiology - Health Healing and Active Muscle Response Testing

Allison Prebble - Centre for wellbeing, kinesiology, healing and massage

Katherine Biggs - Essential oils/Great Malvern yoga

Cecily's – massage, facials, Hopi ear candle treatment, Doterra essential oils

Just Breathe - Indian head massage, meditation, complimentary therapies, Neal's Yard skin care

Nicky Vespar - Worcestershire Wellness, menopause advice, hand reflex

Breathe Easy

Worcestershire Vegans & Veggies – information of vegan living

The Malvern Spa

Therapies by Rose and Charlotte – holistic treatments and relaxation for kids

Annie Beatty - Kids Yoga, Iyengar yoga

Malvern Death Café – dying matters and how to make memory jars

Community Action

Malvern Spa Association

Mary Gold - Colour therapist, readings, healing, reiki